

# Gesamtwertung Männer

| Nachname           | Vorname           | Verein                          | Jahr-gang   | Alters-klasse | Heidelauflauf Coesfeld | Punkte (1. Lauf) | Stiftslauf Nottuln | Punkte (2. Lauf) | Strassen-lauf Dülmen | Punkte (3. Lauf) | Johannes-Lauf Lette | Punkte (4. Lauf) | Roruper Abendlauf | Punkte (5. Lauf) | Volkslauf Hiddingssel | Punkte (6.Lauf) | Havixbecker Sandstein-meile | Punkte (7.Lauf) | Stadtfestlauf Lüding-hausen | Punkte (8.Lauf) | Punkte stand (gesamt) | End-platzierung Gesamt |          |
|--------------------|-------------------|---------------------------------|-------------|---------------|------------------------|------------------|--------------------|------------------|----------------------|------------------|---------------------|------------------|-------------------|------------------|-----------------------|-----------------|-----------------------------|-----------------|-----------------------------|-----------------|-----------------------|------------------------|----------|
| Meyer              | Manuel            | TV Wattenscheid                 | 1981        | M20           | 33:39                  | 1                |                    |                  | 33:36                | 1                | <b>36:24</b>        | <b>4</b>         | 34:09             | 1                | 31:42                 | 1               |                             |                 |                             |                 | 4                     | <b>1</b>               |          |
| Link               | Johannes          | VfL Ahaus                       | 1966        | M40           | <b>37:41</b>           | <b>4</b>         | 37:06              | 2                | 36:41                | 2                | 36:25               | 2                |                   |                  |                       |                 | 32:47                       | 1               |                             |                 | 7                     | <b>2</b>               |          |
| Cramer             | Matthias          | LG-Coesfeld                     | 1971        | M35           | 36:22                  | 3                | 36:45              | 1                |                      |                  |                     |                  | 37:03             | 3                | 37:21                 | 2               |                             |                 |                             |                 | 9                     | <b>3</b>               |          |
| Tüns               | Michael           | LSF Werne                       | 1962        | M45           | 36:01                  | 2                | 37:51              | 3                |                      |                  | 36:58               | 3                | 36:33             | 2                | <b>40:22</b>          | <b>5</b>        |                             |                 |                             |                 | 10                    | <b>4</b>               |          |
| Masthoff           | Clemens           | DJK Dülmen Tri Team             | 1966        | M40           |                        |                  | <b>40:09</b>       | <b>7</b>         | 39:11                | 4                | <b>38:54</b>        | <b>7</b>         |                   |                  | 40:16                 | 4               | 34:51                       | 3               | 39:49                       | 2               | 13                    | <b>5</b>               |          |
| Klierbaum          | Uwe               | DJK Dülmen Tri Team             | 1969        | M40           |                        |                  | 38:54              | 5                | 38:14                | 3                | 37:49               | 5                |                   |                  |                       |                 | 33:54                       | 2               |                             |                 | 15                    | <b>6</b>               |          |
| Rath               | Martin            | Dülmen Läuft                    | 1963        | M45           | 38:14                  | 5                | <b>39:00</b>       | <b>6</b>         |                      |                  | 37:06               | 4                | 37:45             | 4                | 38:35                 | 3               |                             |                 |                             |                 | 16                    | <b>7</b>               |          |
| Barenbrügge        | Timo              | LG-Coesfeld                     | 1974        | M35           |                        |                  | 38:30              | 4                |                      |                  | 38:08               | 6                | 39:03             | 5                |                       |                 |                             |                 | 39:00                       | 1               | 16                    | <b>8</b>               |          |
| Somerville         | Steven            |                                 | 1966        | M40           | 39:19                  | 6                | <b>41:45</b>       | <b>10</b>        | 40:29                | 6                | <b>39:19</b>        | <b>8</b>         |                   |                  | <b>41:09</b>          | <b>8</b>        | 35:03                       | 4               | 39:56                       | 3               | 19                    | <b>9</b>               |          |
| Robert             | Alois             | SW Beerlage                     | 1952        | M55           | <b>42:06</b>           | <b>12</b>        | <b>42:51</b>       | <b>13</b>        | 41:32                | 10               |                     |                  | 41:00             | 7                | 40:51                 | 6               | 36:37                       | 5               |                             |                 | 28                    | <b>10</b>              |          |
| Tebbel             | Ralf              | LG Coesfeld                     | 1992        | M20           |                        |                  | 40:42              | 8                |                      |                  | 39:30               | 9                |                   |                  | 41:02                 | 7               |                             |                 | 41:11                       | 4               | 28                    | <b>11</b>              |          |
| Vollenbröker       | Florian           | DJK Coesfeld                    | 1987        | M20           | 40:50                  | 8                | 41:11              | 9                | 39:33                | 5                | 40:09               | 10               |                   |                  |                       |                 |                             |                 |                             |                 | 32                    | <b>12</b>              |          |
| Dramm              | Rainer            | Hausdülmen                      | 1957        | M50           | 41:09                  | 10               | <b>42:36</b>       | <b>12</b>        | 41:00                | 8                | <b>41:03</b>        | <b>12</b>        | 41:06             | 9                |                       |                 | 37:27                       | 7               |                             |                 | 34                    | <b>13</b>              |          |
| Schramm            | Klaus             | Lauffreil Lette                 | 1954        | M55           |                        |                  |                    |                  | 40:41                | 7                | 40:48               | 11               |                   |                  | 41:19                 | 9               |                             |                 | 42:10                       | 7               | 34                    | <b>14</b>              |          |
| Testroet           | Klaus             | Grün-Weiß Hausdülmen            | 1966        | M40           | 40:22                  | 7                |                    |                  |                      |                  | <b>41:10</b>        | <b>13</b>        | 41:47             | 12               | 41:47                 | 10              |                             |                 | 41:47                       | 6               | 35                    | <b>15</b>              |          |
| Gräsler            | Rolf              | LSF Werne                       | 1959        | M50           | 41:08                  | 9                |                    |                  | 41:08                | 9                | 41:31               | 14               | 40:40             | 6                |                       |                 |                             |                 |                             |                 | 38                    | <b>16</b>              |          |
| Lillack            | Hartmut           | TSG Dülmen                      | 1964        | M45           | 41:38                  | 11               |                    |                  | 42:47                | 11               | <b>41:54</b>        | <b>16</b>        |                   |                  | 42:31                 | 13              | 36:59                       | 6               |                             |                 | 41                    | <b>17</b>              |          |
| Laukamp            | Thomas            | LG Coesfeld                     | 1979        | M30           | 45:23                  | 20               | 42:16              | 11               |                      |                  |                     |                  | 41:05             | 8                |                       |                 |                             |                 | 41:41                       | 5               | 44                    | <b>18</b>              |          |
| Stenert            | Andreas           | Dülmen Läuft                    | 1970        | M35           | 43:09                  | 13               | <b>43:27</b>       | <b>15</b>        | 43:07                | 12               |                     |                  |                   |                  | <b>46:54</b>          | <b>19</b>       | 39:57                       | 11              | 44:42                       | 10              | 46                    | <b>19</b>              |          |
| Böckers            | Winfried          | LG-Coesfeld                     | 1957        | M50           |                        |                  | 43:56              | 16               |                      |                  | 41:52               | 15               | 41:12             | 10               |                       |                 |                             |                 | 43:00                       | 8               | 49                    | <b>20</b>              |          |
| Glöbner            | Dirk              |                                 | 1975        | M30           | <b>49:56</b>           | <b>15</b>        | 43:16              | 14               |                      |                  |                     |                  | 43:56             | 15               | 43:08                 | 12              |                             |                 | 44:16                       | 9               | 50                    | <b>21</b>              |          |
| Hellkuhl           | Markus A.         | DJK Grün-Weiß Nottuln           | 1962        | M45           | 44:56                  | 16               | <b>46:13</b>       | <b>23</b>        | 44:41                | 16               | <b>44:10</b>        | <b>20</b>        |                   |                  | <b>48:08</b>          | <b>20</b>       | 40:18                       | 12              | 46:35                       | 11              | 55                    | <b>22</b>              |          |
| Rüsweg             | Felix             | Dülmen Läuft                    | 1957        | M50           | 43:40                  | 14               |                    |                  | 43:31                | 13               | 42:19               | 17               | 41:45             | 11               |                       |                 |                             |                 |                             |                 | 55                    | <b>23</b>              |          |
| Evers              | Frank             | BSG Kreis Coesfeld              | 1977        | M30           |                        |                  | <b>45:49</b>       | <b>22</b>        | 44:55                | 18               | 44:51               | 21               |                   |                  | 43:37                 | 13              | 38:24                       | 8               |                             |                 | 60                    | <b>24</b>              |          |
| Sicking            | Dietmar           | Lauffreil Lette                 | 1965        | M40           | <b>45:12</b>           | <b>18</b>        |                    |                  | 44:53                | 17               |                     |                  | 44:51             | 17               |                       |                 | 40:31                       | 14              | 46:50                       | 12              | 60                    | <b>24</b>              |          |
| Liedel             | Thomas            |                                 | 1968        | M40           |                        |                  | 44:34              | 17               |                      |                  |                     |                  | 45:07             | 19               | 44:55                 | 16              | 38:41                       | 9               |                             |                 | 61                    | <b>26</b>              |          |
| Nagel-Stüwe        | Thomas            | TSG Dülmen                      | 1963        | M45           |                        |                  | 44:46              | 18               |                      |                  | 42:24               | 18               | 43:00             | 14               | 42:47                 | 11              |                             |                 |                             |                 | 61                    | <b>26</b>              |          |
| Niemann            | Oliver            |                                 | 1970        | M35           | <b>52:06</b>           | <b>28</b>        | <b>47:20</b>       | <b>25</b>        | 45:56                | 20               | <b>46:43</b>        | <b>24</b>        | <b>47:13</b>      | <b>22</b>        | 46:20                 | 18              | 40:23                       | 13              | 46:59                       | 13              | 64                    | <b>28</b>              |          |
| Eiersbrock         | Josef             | DJK Adler Buldern               | 1953        | M55           | <b>46:34</b>           | <b>22</b>        | 45:15              | 19               | 44:58                | 19               | <b>45:19</b>        | <b>23</b>        |                   |                  | 45:24                 | 17              | 39:18                       | 10              |                             |                 | 65                    | <b>29</b>              |          |
| Eiersbrock         | Hubert            | Adler Buldern                   | 1965        | M40           | <b>46:14</b>           | <b>21</b>        | 45:15              | 19               | 44:06                | 14               | 42:26               | 19               |                   |                  | 44:53                 | 15              |                             |                 |                             |                 | 67                    | <b>30</b>              |          |
| Thran              | Hans-Jürgen       | Spiridon Haltern                | 1946        | M60           | <b>48:01</b>           | <b>23</b>        | 45:42              | 21               |                      |                  |                     |                  | 44:46             | 16               | 43:52                 | 14              | 42:07                       | 17              |                             |                 | 68                    | <b>31</b>              |          |
| Fromme             | Werner            | MCWTeam Rorup                   | 1975        | M30           |                        |                  | <b>48:50</b>       | <b>29</b>        | 47:23                | 22               | <b>48:25</b>        | <b>31</b>        | 46:47             | 20               | 48:09                 | 21              | 40:37                       | 15              |                             |                 | 78                    | <b>32</b>              |          |
| Hanenkamp          | Heiner            | LT Wildpark Dülmen              | 1962        | M45           | <b>49:43</b>           | <b>26</b>        | <b>54:26</b>       | <b>39</b>        | <b>52:28</b>         | <b>32</b>        | <b>50:28</b>        | <b>34</b>        | 48:52             | 24               | 48:45                 | 22              | 43:14                       | 19              | 49:11                       | 17              | 82                    | <b>33</b>              |          |
| Meinhardt          | Lothar            | Lette                           | 1941        | M65           | <b>49:58</b>           | <b>27</b>        |                    |                  | <b>48:17</b>         | <b>26</b>        | 47:14               | 26               | <b>50:12</b>      | <b>27</b>        | 49:03                 | 24              | 42:53                       | 18              | 48:59                       | 16              | 84                    | <b>34</b>              |          |
| Schäfers           | Gottfried         | LSF Münster                     | 1938        | M70           | 48:08                  | 24               | <b>48:19</b>       | <b>28</b>        | 47:56                | 24               |                     |                  | 46:49             | 21               |                       |                 | 43:17                       | 20              |                             |                 | 89                    | <b>35</b>              |          |
| Deistler           | Bernd             | SG Quelle Altenberge            | 1953        | M55           |                        |                  | 49:44              | 32               | 47:52                | 23               | 46:44               | 25               |                   |                  |                       |                 |                             |                 | 47:50                       | 15              | 95                    | <b>36</b>              |          |
| Struchtrup         | Ludger            | Haltern                         | 1959        | M50           | 45:21                  | 19               | 46:19              | 24               |                      |                  | 45:14               | 22               | 52:04             | 30               |                       |                 |                             |                 |                             |                 | 95                    | <b>36</b>              |          |
| Lensing            | Tim               | Dülmen Läuft                    | 1995        | M20           |                        |                  | 48:00              | 26               | 48:28                | 27               | 48:10               | 29               |                   |                  |                       |                 |                             |                 | 47:25                       | 14              | 96                    | <b>38</b>              |          |
| Fleige             | Markus            | DJK Rödder                      | 1974        | M35           | <b>56:41</b>           | <b>31</b>        | <b>51:23</b>       | <b>31</b>        |                      |                  |                     |                  | 52:01             | 29               | 51:48                 | 26              | 45:03                       | 24              | 52:03                       | 20              | 99                    | <b>39</b>              |          |
| Fehst              | Thomas            | Staubwolke Mitwick              | 1965        | M40           |                        |                  | <b>49:34</b>       | <b>34</b>        | 48:16                | 25               | 48:03               | 28               | 47:50             | 23               | 49:00                 | 23              |                             |                 |                             |                 | 99                    | <b>40</b>              |          |
| Hoof               | Reinhard          | DJK Grün-Weiß Nottuln           | 1961        | M45           | 48:09                  | 25               | 48:07              | 27               | 46:34                | 21               | 47:28               | 27               |                   |                  |                       |                 |                             |                 |                             |                 | 100                   | <b>41</b>              |          |
| Naber              | Ewald             | LG Coesfeld                     | 1956        | M50           |                        |                  |                    |                  |                      |                  |                     |                  | 52:29             | 33               | 52:12                 | 27              | 41:55                       | 16              | 53:51                       | 24              | 100                   | <b>41</b>              |          |
| Lensing            | Jürgen            | Dülmen Läuft                    | 1963        | M45           |                        |                  | <b>50:52</b>       | <b>33</b>        | 48:46                | 28               | 48:11               | 30               | 48:58             | 25               |                       |                 |                             |                 | 49:15                       | 18              | 101                   | <b>43</b>              |          |
| Arning             | Klaus             | Dülmen Läuft                    | 1953        | M55           |                        |                  | <b>53:39</b>       | <b>37</b>        | 50:35                | 29               | <b>54:01</b>        | <b>35</b>        | 50:43             | 28               | 52:41                 | 29              |                             |                 | 52:22                       | 22              | 108                   | <b>44</b>              |          |
| Osterkamp          | Josef             | DJK Coesfeld                    | 1938        | M70           | 54:07                  | 30               | <b>51:37</b>       | <b>35</b>        | <b>53:45</b>         | <b>34</b>        | <b>51:10</b>        | <b>36</b>        | 52:16             | 32               |                       |                 | 45:39                       | 26              | 52:04                       | 21              | 109                   | <b>45</b>              |          |
| Terjung            | Claas             | Dülmen Läuft                    | 1962        | M45           | 56:47                  | 32               | <b>54:37</b>       | <b>40</b>        | 52:05                | 31               |                     |                  | <b>52:30</b>      | <b>34</b>        |                       |                 | 45:05                       | 25              | 53:16                       | 23              | 111                   | <b>46</b>              |          |
| Fallbrügge         | Christoph Wilhelm | MCWTeam Rorup                   | 1971        | M35           |                        |                  | <b>53:48</b>       | <b>38</b>        | 51:39                | 30               | 49:25               | 32               |                   |                  | 52:16                 | 28              | 44:04                       | 23              |                             |                 | 113                   | <b>47</b>              |          |
| Jansen             | Andreas           | DJK-Dülmen Abt. Radsport        | 1960        | M45           | 52:52                  | 29               | 52:32              | 36               |                      |                  | 50:21               | 33               |                   |                  |                       |                 |                             |                 | 50:52                       | 19              | 117                   | <b>48</b>              |          |
| Lehmacher          | Mike              | MCWTeam Rorup                   | 1969        | M40           |                        |                  | <b>55:57</b>       | <b>41</b>        | 52:56                | 33               | 53:21               | 37               | 52:05             | 31               |                       |                 | 43:35                       | 22              |                             |                 | 123                   | <b>49</b>              |          |
| Nickel             | Otto              |                                 | 1942        | M65           | 59:23                  | 33               | <b>58:13</b>       | <b>43</b>        | <b>57:25</b>         | <b>37</b>        | <b>56:02</b>        | <b>39</b>        | 53:54             | 35               | 55:15                 | 30              | 46:54                       | 27              |                             |                 | 125                   | <b>50</b>              |          |
| Finger             | Karl-Heinz        | VfL-Hüls                        | 1941        | M65           |                        |                  |                    |                  | 54:36                | 35               | 54:44               | 38               | 54:59             | 36               |                       |                 | 47:48                       | 28              |                             |                 | 137                   | <b>51</b>              |          |
| Langener           | Berthold          | Dülmen Läuft                    | 1958        | M50           | 61:56                  | 34               | <b>57:53</b>       | <b>42</b>        | 55:36                | 36               |                     |                  | 56:01             | 37               | 57:19                 | 31              |                             |                 |                             |                 | 138                   | <b>52</b>              |          |
| Gerding            | Manfred           | Dülmen Läuft                    | 1939        | M70           |                        |                  | 49:00              | 30               |                      |                  | 59:47               | 40               | 60:34             | 38               | 61:49                 | 32              |                             |                 |                             |                 | 140                   | <b>53</b>              |          |
| <b>Papenberg</b>   | <b>Sebastian</b>  |                                 | <b>1982</b> | <b>M20</b>    | <b>37:37</b>           | <b>2</b>         |                    |                  |                      |                  |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Rohtermundt</b> | <b>Marino</b>     | <b>DJK Grün-Weiß Nottuln</b>    | <b>1992</b> | <b>M20</b>    |                        |                  | <b>49:33</b>       | <b>4</b>         |                      |                  | <b>44:11</b>        | <b>4</b>         |                   |                  |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Große</b>       | <b>Stephan</b>    |                                 | <b>1985</b> | <b>M20</b>    |                        |                  | <b>55:57</b>       | <b>5</b>         |                      |                  |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       |                        | <b>0</b> |
| <b>Heß</b>         | <b>Andreas</b>    |                                 | <b>1978</b> | <b>M30</b>    |                        |                  |                    |                  |                      |                  |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       |                        | <b>0</b> |
| <b>Weyer</b>       | <b>Tim</b>        | <b>Brukterla-Rorup</b>          | <b>1974</b> | <b>M35</b>    | <b>46:46</b>           | <b>3</b>         |                    |                  |                      |                  |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       |                        | <b>0</b> |
| <b>Wieg</b>        | <b>Jörg</b>       |                                 | <b>1971</b> | <b>M35</b>    |                        |                  |                    |                  |                      |                  |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       |                        | <b>0</b> |
| <b>Hallmann</b>    | <b>Adalbert</b>   | <b>FREAGGLE</b>                 | <b>1968</b> | <b>M40</b>    |                        |                  |                    |                  |                      |                  |                     |                  | <b>49:10</b>      | <b>26</b>        | <b>51:25</b>          | <b>25</b>       | <b>43:28</b>                | <b>21</b>       |                             |                 |                       | <b>0</b>               |          |
| <b>Stucke</b>      | <b>Christian</b>  | <b>Dülmen-läuft</b>             | <b>1965</b> | <b>M40</b>    | <b>41:51</b>           | <b>4</b>         |                    |                  | <b>42:05</b>         | <b>6</b>         |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Köster</b>      | <b>Ralf</b>       | <b>Rehasport Haltern</b>        | <b>1966</b> | <b>M40</b>    | <b>45:20</b>           | <b>7</b>         |                    |                  |                      |                  |                     |                  | <b>52:04</b>      | <b>7</b>         |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Göhner</b>      | <b>Thomas</b>     | <b>MCWTeam Rorup</b>            | <b>1969</b> | <b>M40</b>    |                        |                  | <b>59:32</b>       | <b>9</b>         |                      | <b>0</b>         |                     |                  | <b>56:08</b>      | <b>9</b>         |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Niehues</b>     | <b>Jörg</b>       | <b>DJK-Dülmen-Tri-Team</b>      | <b>1966</b> | <b>M40</b>    |                        |                  |                    |                  | <b>38:46</b>         | <b>3</b>         |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Szymanski</b>   | <b>Martin</b>     | <b>Coesfeld</b>                 | <b>1968</b> | <b>M40</b>    | <b>42:29</b>           | <b>5</b>         |                    |                  |                      |                  |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Kemper</b>      | <b>Ralf</b>       | <b>DJK-Adler-Buldern</b>        | <b>1969</b> | <b>M40</b>    |                        |                  |                    |                  |                      |                  |                     |                  | <b>48:08</b>      | <b>5</b>         |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Van-Wesel</b>   | <b>Andreas</b>    | <b>DJK-Dülmen-Abt.-Radsport</b> | <b>1966</b> | <b>M40</b>    |                        |                  |                    |                  |                      |                  |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Ostendorp</b>   | <b>Jürgen</b>     |                                 | <b>1963</b> | <b>M45</b>    | <b>45:11</b>           | <b>17</b>        |                    |                  | <b>44:16</b>         | <b>15</b>        |                     |                  | <b>45:06</b>      | <b>18</b>        |                       |                 |                             |                 |                             |                 |                       | <b>0</b>               |          |
| <b>Gude</b>        | <b>Günter</b>     | <b>Dülmen-Läuft</b>             | <b>1964</b> | <b>M45</b>    | <b>47</b>              |                  |                    |                  |                      |                  |                     |                  |                   |                  |                       |                 |                             |                 |                             |                 |                       |                        |          |

